Aquatics Schedule

5:00 pm - 5:45 pm **Swim Team**

6:00 pm - 7:30 pm

Adult Swim

18+

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
12:00 pm-12:45 pm Water Walking 16+	12:00 pm-12:45 pm Water Walking 16+	9:00 am-11:30 am Senior Swim 50+	12:00 pm-12:45 pm Water Walking 16+	9:00 am-11:30 am Senior Swim 50+	10:00 am-10:45 am Water Walking 16+			
		12:00 pm-12:45 pm Water Walking 16+	1:00 pm - 4:00 pm Open Swim All Ages	12:00 pm-12:45 pm Water Walking 16+	12:00 pm - 2:00 pm Open Swim Kiddie Pool & Slide All Ages			
1:00 pm - 4:00 pm Open Swim All Ages	Pool Closed 2-3							
Pool Closed 4-5	3:00 pm - 5:30 pm Adult Lap 18 +							
1:00 pm - 4:00 pm Kiddie Pool & Slide								

5:00 pm - 5:45 pm

Swim Team

6:00 pm - 6:30 pm

Learn to Swim

5-8 yrs

6:45 pm-7:30 pm

Adult Swim

18+





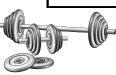
Estabrook Recreation Center 4125 Fulton Rd. 216/664-4149 Manager Kim Kibort

Weight Room

MONDAY - FRIDAY 12:00 pm-7:30 pm 18+

SATURDAY 10:00 pm —5:30 pm

Join us for **Summer Lunch** Monday - Friday 12:00-1:00pm Ages 1-18



j	<u>GYM SCHEDULE</u>								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
	12:00-1:00 Adult Open Gym 18+	12:00-1:00 Adult Open Gym 18+	12:00-1:00 Adult Open Gym 18+	12:00-1:00 Adult Open Gym 18+	12:00-1:00 Adult Open Gym 18+	10:00 am -11:00 pn Badminton/ Pickle ball Women 18+			
	2:00 pm -4:00 pm Youth Open Gym 17-	2:00 pm - 5:00 pm Youth Open Gym 17-	2:00 pm - 4:00 pm Youth Open Gym 17-	2:00 pm - 5:00 pm Youth Open Gym 17-	2:00 pm - 5:00 pm Youth Open Gym 17-	12:00-3:00 Youth Open Gym 17-			
	5:00-7:30 Adult Volleyball 18+		5:00-7:30 Adult Volleyball 18+ Out on the	Field		3:00-5:30 Family Gym			

All children under 8 years old must be accompanied and supervised in the water by an adult at all times. Limit 2 children per ONE ADULT

Prevention Intervention & Opportunity Programs

5:00 pm - 5:45 pm **Swim Team**

6:00 pm - 6:30 pm

Learn to Swim

5-8 yrs

6:45 pm - 7:30 pm

Adult Swim

18+

5:00 pm - 5:45 pm

Swim Team

6:00 pm - 7:30 pm

Adult Swim

18+

HEALTHY TREES HEALTHY COMMUNITY 5 TO 12 YRS MON &WED 1:00-2:00

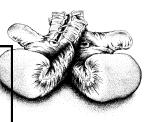
RECESS CLEVELAND 8 TO 17 YRS THURSDAYS 1:00-4:00

JAZZ FUNK DANCE 5 TO 15 YRS FRIDAYS 4:00-5:00

SUMMER MUSIC CAMP GRADES 3 TO 12 (6/20-6/24) 9:30-3:30

SUMMER MUSIC CAMP GRADES 3 TO 12 (7/18-7/21) 9:30-3:30

PRE REGISTRATION CALL 664-4149



5:00 pm - 5:45 pm **Swim Team**

6:00 pm - 7:30 pm

Family Swim

BOXING

Monday - Friday 4:30-7:00 p.m.



5:00 pm - 7:30 pm T-Ball/Peewee gym